

REPORT ON WORLD ANATOMY DAY 2026

Department of Anatomy | Malabar Medical College Hospital and Research Centre
Ulliyeri, Kozhikode, Kerala

Introduction

The Department of Anatomy, Malabar Medical College Hospital and Research Centre, Ulliyeri, Kozhikode, organised a programme to commemorate **World Anatomy Day on Thursday, 15 October 2026**, from 10:15 a.m. to 1:15 p.m. at Sapphire Hall, Academic Block. The programme aimed to highlight the importance of anatomy in medical education, clinical practice, diagnostic procedures, and patient care. It also provided a platform for faculty members and students to reflect on the relevance of anatomical knowledge in modern medicine.

Programme Highlights

The celebration focused on understanding why anatomy matters and how it contributes to the development of competent healthcare professionals. The programme included a panel discussion and a poster competition, encouraging academic interaction, critical thinking, and creative expression among medical students.

Panel Discussion

The main event was a panel discussion titled **“From Dissection to Diagnosis: The Journey Begins with Anatomy.”** Dr. Hema Haris, Assistant Professor, Department of Anatomy, served as the moderator. The panel comprised:

- **Dr. Rijesh P.** – Vice Principal and Professor, Department of Orthopaedics
- **Dr. Della Harigovind** – Associate Professor, Department of Radiology
- **Dr. Sily Sreedharan** – Professor, Department of Pathology
- **Dr. Harris Mohammed Paravengal** – Professor, Department of General Surgery
- **Mr. Easwar** – Final-year Part II student

The discussion highlighted the fundamental role of anatomy in medical practice, beginning with cadaveric dissection and extending to clinical diagnosis and surgical interventions. A thorough understanding of the structure and organisation of the human body enables doctors to identify anatomical landmarks, interpret radiological images, understand disease processes, and perform clinical procedures safely. Perspectives from orthopaedics, radiology, pathology, and general surgery demonstrated the interdisciplinary importance of anatomy. The panel also emphasised its value in clinical reasoning, accurate diagnosis, communication among healthcare professionals, and improved patient outcomes. The interaction between faculty members and students provided an opportunity for learning beyond the conventional classroom.

Poster Competition

A poster competition was organised under the title **“Anatomy Matters: Through the Eyes of a Phase I Medical Student.”** The competition encouraged first-phase medical students to explore and communicate the significance of anatomy through scientific illustrations, creative presentations, and evidence-based concepts. The topic, *Importance of Anatomy*, emphasised anatomy as the foundation of medical education and encouraged students to consider how knowledge of the human body supports the understanding of physiology, pathology, radiology, and clinical medicine. The competition promoted creativity, scientific thinking, visual communication, and the ability to present complex anatomical concepts in an accessible manner.

Importance of Anatomy in Medical Education

Anatomy is one of the fundamental pillars of medical science. It provides the structural framework necessary to understand the functioning of the human body and the changes that occur during disease. Knowledge of gross anatomy, histology, embryology, and neuroanatomy forms the basis for learning other medical subjects. Anatomical knowledge is particularly important in clinical examination, medical imaging, surgery, emergency care, and minimally invasive procedures. Cadaveric dissection offers students a valuable three-dimensional understanding of the body while fostering teamwork, discipline, respect, and professional responsibility. Modern learning tools, including radiological imaging, anatomical models, and digital resources, further enhance anatomical education.

Conclusion

The World Anatomy Day 2026 celebration at Malabar Medical College Hospital and Research Centre highlighted the continuing importance of anatomy in medical education and clinical practice. Through the panel discussion and poster competition, the programme encouraged interdisciplinary learning, academic engagement, and appreciation of the complexity of the human body. The celebration reinforced the message that anatomy is not merely the study of structures but the foundation upon which clinical understanding, diagnostic accuracy, surgical competence, and safe patient care are built. The programme served as a meaningful reminder of the essential role of anatomy in shaping knowledgeable, skilled, and compassionate medical professionals.





